

Employer toolkit

Supporting employees with epilepsy in the workplace

Atonic seizure first aid – With references

On this page

[Watch a video of how to help](#)

[How to help](#)

[When to call an ambulance](#)

Atonic seizures are also called drop attacks.

During a seizure the person loses all muscle tone and drops heavily to the floor. The seizure is very brief and the person is usually able to get up again straight away. However, falls can result in injury, often to the face, nose or head. Sometimes the person might not completely fall, but their head might drop forward or they might sag at the knees.

Atonic seizure

Watch this short video of an atonic seizure.

[Watch the video](#)

How to help

- Atonic seizures happen very quickly, so there is not much you can do while the seizure is happening
- Afterwards people can usually carry on with what they doing



Arrange first aid or get medical assistance if they've been injured

[More info about atonic seizures](#)

References

There are no references for this information.

employers.epilepsy.org.uk

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